

Ecce 'Ono

Chef Ivo

Cooking Fresh Food on Campus Daily

Mary, Star of the Sea School

November 2017 Menu

Student Name: _____ Grade: _____

Parent Name: _____ Ph: _____

Email Address: _____

Please **circle** the days you wish to buy lunch

~ or ~

If you wish to buy lunch for the entire month then check here

Water is included with all meals

No of meals (grades 1-3) _____ X \$ 5.00 = _____

No. of meals (grades 4-8) _____ X \$ 5.50 = _____

No. of milk (ala carte) _____ X \$ 0.95 = _____

_____ **check** enclosed (payable to **Ecce 'Ono**) Amount \$ _____

_____ **cash** (exact amount please) Amount \$ _____

Deadline October 23, 2017

Drop of at School Office

\$30.00 Fee on all bounced checks

No refunds for cancellation, illness and/or vacation

November Lunch MENU

All meals are under the guidance of the USDA Child Nutrition guidelines

Menu subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Mac & Cheese Sweet Corn Fresh fruit selection	2 Chicken Fried Rice Steamed Broccoli Sweet Organic Corn Fresh fruit selection	3 Teriyaki Burger Buns Sweet Corn Fresh fruit selection
6 Spaghetti with Meatballs Sweet Organic Peas Fresh fruit selection	7 Grilled Cheese Sandwich Organic Garden Salad Edamame Fresh fruit selection	8 Orange Chicken Hapa Rice Organic Baby Carrots Fresh fruit selection	9 Chili Con Carne Hapa Rice Steamed Green Beans Fresh fruit selection	10 No School
13 Chicken Nuggets Roasted Potatoes Steamed Broccoli Fresh fruit selection	14 Salmon Rotini w/ Light Pink Sauce Sweet peas Organic Baby Carrots Fresh fruit selection	15 Chili Dog Buns Organic Baby Carrots Sweet Organic Corn Fresh fruit selection	16 Adobe Chicken Hapa Rice Sweet Organic Corn Fresh fruit selection	17 Pulled Pork Hapa rice Stir Fry Cabbage Fresh fruit selection
20 Shoyu Chicken Hapa Rice Sweet Peas Fresh fruit selection	21 Turkey Mashed Potatoes Organic baby carrots Pumpkin Pie 	22 MINI DAY Chicken Chow Mein Noodles Garden mix salad Fresh fruit selection	23 No School	24 No School
27 Fish & Chips Baked French Fries Organic Green Salad Fresh fruit selection	28 BBQ Chicken Hapa Rice Sweet Corn Fresh fruit selection	29 Penne with Tomato Sauce Garlic Bread Sweet Organic Corn Fresh fruit selection	30 Sloppy Joe Buns Baked Fries Fresh fruit selection	