

Ecce 'Ono

Chef Ivo

Cooking Fresh Food on Campus Daily

Mary, Star of the Sea School

September 2017 Menu

Student Name: _____ Grade: _____

Parent Name: _____ Ph: _____

Email Address: _____

Please **circle** the days you wish to buy lunch

~ or ~

If you wish to buy lunch for the entire month then check here

Water is included with all meals

No. of meals (grades 1-3) _____ X \$ 5.00 = _____

No. of meals (grades 4-8) _____ X \$ 5.50 = _____

No. of milk (ala carte) _____ X \$ 0.95 = _____

_____ check enclosed (payable to **Ecce 'Ono**) Amount \$ _____

_____ cash (exact amount please) Amount \$ _____

Deadline August 25, 2017

Drop of at School Office

*\$30.00 Fee on all bounced checks
No refunds for cancellation, illness and/or vacation*

September Lunch MENU

All meals are under the guidance of the USDA Child Nutrition guidelines

Menu subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Chicken Fried Rice Steamed Broccoli Sweet Organic Corn Fresh fruit selection
4 NO SCHOOL 	5 Fettucine Alfredo Garlic knots Sweet Organic peas Fresh fruit selection	6 Sloppy Joe Buns Buns Organic baby carrots Fresh fruit selection	7 MINI DAY Chicken Chow Mein Noodles Garden mix salad Fresh fruit selection	8 MINI DAY Cheese & Spinach Ravioli Sweet organic corn Organic baby carrots Fresh fruit selection
11 Fish & chips Baked fries Steamed green beans Fresh fruit selection	12 Chicken Nuggets Baked fries Edamame Fresh fruit selection	13 Teriyaki Burger Buns Organic baby carrots Fresh fruit selection	15 Penne with tomato sauce Garlic bread Sweet organic corn Fresh fruit selection	16 BBQ Chicken Hapa Rice Broccoli Tots Fresh fruit selection
18 Orange Chicken Hapa Rice Organic baby carrots Fresh fruit selection	19 Rotini Pasta w/ Salmon in Light Cream Sauce Sweet organic peas Fresh fruit selection	20 MINI DAY Chicken Lemongrass & Thyme Hapa Rice Broccoli Tots Fresh fruit selection	21 Chili Con Carne Hapa Rice Steamed green beans Fresh fruit selection	22 Homemade Pizza Organic mix salad Fresh fruit selection
25 Honey Balsamic Chicken Hapa Rice Sweet organic peas Fresh fruit selection	26 Kalua Pork Hapa rice Stir Fry Cabbage Fresh fruit selection	27 Chili Dog Buns Organic baby carrots Sweet organic corn Fresh fruit selection	28 Spaghetti meatballs French bread Sweet organic peas Fresh fruit selection	29 Chicken Shoyu Hapa Rice Sweet peas Fresh fruit selection